



Pizza & a Movie Night Movie Guide



Grease

Grease is one of those classic movies that almost everyone has seen at least once in their lifetime. And though it is filled with catchy songs and iconic outfits, it also depicts unhealthy messages of relationships and gender stereotypes. Watch this famous movie with your family, and use some of the questions below to start a conversation about healthy and unhealthy relationships.

- Why do you think Danny acts one way with Sandy and another way in front of his friends? How would you feel if your partner treated you differently when they were around their friends?
- How did the accounts of Sandy & Danny's summer romance differ? Which account do you think was more accurate?
- Can you point out the scenes where Sandy felt pressured into doing something she didn't want to do? Have you ever experienced peer pressure before? Did you feel comfortable saying no? If not, why?
- In the final scene, who do you think changed the most? Do you think it's ok to change how you look and act to make another person happy?

Beauty and the Beast

Beauty and the Beast is another classic movie, and whether you watch the 1991 animated version or the 2017 live-action version, the same message is presented loud and clear: "Even though someone is mean to you, it is possible to love them into changing into a better person." Watch this movie with your family and use the following discussion questions to start a conversation about healthy and unhealthy relationships.

- Besides her beauty, why else does Gaston like Belle more than the other women in the village?
- Did Beast ever apologize to Belle for his mean behavior?
- Towards the end of the movie, Belle asks the question, "Can anybody be happy here if they aren't free?" Do you think the movie is sending a realistic message that Belle can fall in love with Beast while she is his prisoner? Do you think you could fall in love with somebody that didn't allow you to see your friends and family?
- In the beginning, Beast is very aggressive and controlling, but through Belle's love for him, he eventually transforms back into a prince. Is it our responsibility to change someone and try to make them a better person? Is trying to change someone in a relationship a healthy behavior, why or why not?



Pizza & a Movie Night Movie Guide



To All the Boys I Loved Before

This romantic comedy has become a recent favorite among teenagers, and it was so successful that Netflix created two more movies including *To All the Boys: P.S. I Still Love You* (2020) and *To All the Boys: Always and Forever* (2021). Watch this film with the teen or pre-teen in your life and use the questions below to start a conversation about boundaries, consent, and jealousy in a relationship.

- Why do you think Lara Jean & Margot's mother told them that they shouldn't start college with a boyfriend?
- In the movie, Lara Jean kisses Peter Kavinsky in front of Josh to avoid talking to him about the love letter. Do you think it was okay that she forcibly kissed Peter in front of everyone? Do you think the audience would have a different reaction if the gender roles were reversed?
- Peter suggests that Lara Jean and he should pretend to date so that he can get back together with Gen by making her jealous. How do you think Gen would feel if she knew Peter was manipulating her emotions so that she would fall for him again? Do you think that is a healthy thing to do in a relationship?
- After Lara Jean agrees to the fake relationship, she sits down with Peter to create a contract because she says, "It's important to know where we stand on certain issues." This is a great example of setting boundaries or personal limits in a relationship, and though theirs was not real, can you think of any boundaries that you would want to set in a real relationship?
- In the final scene, Lara Jean asks Peter, "What do you put in a contract for a real relationship?" Peter replies by saying, "Nothing, you gotta trust." Do you think there is anything else important to a healthy relationship besides trust?

Sierra Burgess is a Loser

Sierra Burgess is a Loser is another Netflix romantic comedy starring the teen heartthrob, Noah Centineo. Use the following questions to discuss issues such as "catfishing," insecurities, consent, and jealousy.

- The main plot of the story involves Sierra "catfishing" Jamey by pretending to be Veronica ("catfishing" is the process of luring someone into a relationship by means of a fictional online persona). However, in the end, after discovering Sierra's real identity, Jamey takes her to the dance. If this movie took place in the real life, do you think it would have the same ending?



Pizza & a Movie Night Movie Guide



Sierra Burgess is a Loser (cont.)

- Think back to the parking lot scene when Jamey thinks that he is kissing Veronica, but is actually kissing Sierra. What do you think about that scene? How do you think Jamey would feel if he knew he was not kissing Veronica?
- Even though Sierra isn't dating Jamey, she forbids Veronica from kissing him. Do you think she had a right to do that? What happened in the movie when Sierra acted jealous after seeing Veronica and Jamey kiss?
- In Sierra's song, "Sunflower," she expresses her insecurities by explaining how she is not conventionally beautiful like Veronica and therefore out of Jamey's league. Do you think her feeling that way made it okay to lie to Jamey?
- Do you think it is possible to build a healthy relationship when it begins with a person being dishonest?

General Discussion Questions for Any Movie/TV Show

Didn't watch these movies? That's OK! Any movie or TV show can be used to start a conversation about healthy and unhealthy relationships. Below, are some general questions to ask, to help you look at any form of media through a more critical lens.

- If you have seen this movie/ TV show before, did you notice anything different this time?
- What do you think of the movie/ TV show's overall message? Do you agree with it?
- Did any relationship dynamic make you feel uncomfortable? If so, which scenes and why did it make you feel this way?
- What kind of relationships did the character have? Do you think they were healthy or unhealthy? Explain why.
- Could you identify red flags or unhealthy behaviors within a character's relationship?



Did you find this movie guide helpful? If so, you can support DVCC's work by donating at dvccct.org/donate.

