

TALK ABOUT IT TUESDAY

USE THESE CONVERSATION STARTERS TO TALK TO
YOUR LOVED ONES ABOUT HEALTHY
RELATIONSHIPS

What does a healthy relationship look like?

What does an unhealthy relationship look like?

**What does it mean to stand up for yourself? Do
you think you are being strong or pushy? Why?**

**What's something someone could say or do
that would cross your personal boundaries?**

**What's a healthy way to argue? What's an
unhealthy way to argue?**

KEEP AN OPEN MIND.
PRACTICE ACTIVE LISTENING.
USE EXAMPLES FROM
TV & MEDIA.

